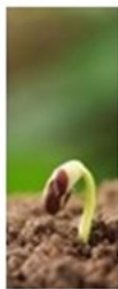
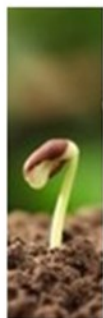


# ***Mentoring at CCA***



***With Jesus***



***Like Jesus***



***For Jesus***

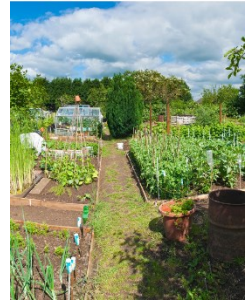


**CHRIST CHURCH**  
ABINGDON

At CCA, we want to be a community 'With Jesus, Like Jesus, For Jesus'. Being part of an intentional mentoring relationship can offer a personal route to continued growth to maturity in faith.

## What is it?

Mentoring is a relationship of trust in which one person (the mentor) supports another person (the mentee) as they develop in maturity as a disciple of Christ. Like fellow gardeners working alongside one another in an allotment, the mentors share their vision and know-how to enable all to be fruitful in reaching their potential in Christ. Each Christian has responsibility for tending their own patch, but is able to seek wise counsel from more experienced and mature gardeners.



Working alongside a mentor, mentees can

- Reflect on their spiritual growth and any difficulties they may encounter
- Explore ways of developing their spiritual gifts
- Seek to grow in Christian maturity even as they encounter the whole range of life's experiences and challenges.



This meeting is rather like a communal shed in the allotment which acts as a gathering place - a safe space in which mentees can express and process what God is doing in their life, so that the more 'experienced gardener' can offer a wider perspective, confidentially explore issues and encourage!

Typically, meetings will be 60-90 minutes in length and held in a place where privacy and confidentiality can be maintained. They will probably be every 4-6 weeks with review points after 3 meetings, and subsequently every six months, until it is mutually decided that the mentoring relationship has come to a natural end.



## Who is it for?

Essentially, this is for everyone! Anyone who....

- wants to revitalise or deepen their relationship with God and would appreciate someone alongside them as they do
- is facing a crisis /turning point in their life and would like help to explore a spiritual response to going forward
- wants to develop greater resilience in their faith
- is sensing a call to some kind of ministry and want to talk through the options, challenges and opportunities there might be to explore
- wants to develop more fully leadership in a specific existing ministry of the church and want help in doing that

## Why might it help me?

Learning to reflect with another person helps us to grow as disciples of Jesus and fellow members of the Body of Christ.



## Who are the mentors?

The mentors are members of CCA, who are people of mature and growing faith in Jesus Christ with a servant heart and gift for being alongside others. They are open to listening to the Holy Spirit with a foundation in the Scriptures.

They will seek to affirm and encourage their mentees; to pray for them and, where appropriate, share from their own experiences and practice.

It is important to recognise that mentors are not counsellors or problem-solvers, and certainly won't do the work *for* the mentee. Rather, they will help identify any areas that need specific attention. Mentors see their role as helping mentees recognise what's growing in their garden; what's beneath their spiritual soil, what weeds might need pulling up, what helps and hinders their relationship with God.

Most importantly, mentors are always pointing towards Jesus as the Vine, the true source of life, so that disciples are growing in love towards Him, surrendering their 'patch' to the Father and gaining wisdom through the Holy Spirit to grow up into Christ.



With the support of the coordinator, mentors are committed to appropriate supervision, review and training, as well as the PCC approved mentor policy and procedures, always aiming for best practice.

### How can I access it?



This ministry is administered by the Mentor Co-ordinator, who will link mentors with mentees. They can be contacted on [mentoring@cca.uk.net](mailto:mentoring@cca.uk.net). If you are not on-line, please contact the Church Office to be referred (01235 539172).

### Where does it fit within the CCA ministry?

Mentoring is part of the mission and ministry of Christ Church Abingdon, and is overseen by the Vicar and PCC, who are responsible for reviewing the approved Mentoring Guidelines annually and supervising the work of the Mentor Co-ordinator, who has oversight for this ministry.

### What if there is a problem?

Although mentors are trained to conduct their role in accordance with the PCC approved Mentor Policy, if there is a problem between the mentor and the mentee, and it proves impossible or unsatisfactory to resolve it between themselves, the issue should be referred to the Mentor Co-ordinator, where it can be discussed with the Vicar and the complainant will be offered a meeting and/or receive a written reply. Any safeguarding issues should be reported directly to the safeguarding officer ([safeguarding@cca.uk.net](mailto:safeguarding@cca.uk.net) ).

### Useful Contacts / Documents

Steering group: Ros Steel, John & Kathryn Rogers,  
Andrew Turner (Mentor Coordinator)

Mentoring coordinator – [mentoring@cca.uk.net](mailto:mentoring@cca.uk.net)

Safeguarding Policies - <https://cca.uk.net/safeguarding-and-policies/>

Vicar - Keith Dunnett ([keith.dunnett@cca.uk.net](mailto:keith.dunnett@cca.uk.net))

